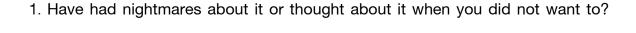
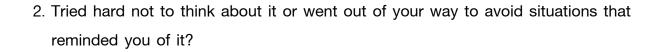
Primary Care PTSD Screen (PC-PTSD)

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, in the past month, you:





4. Felt numb or detached from others, activities, or your surroundings?

If you answer "yes" to any three items, you should see a professional help.

Source: Prins, Ouimette, & Kimerling, 2003